



## Insights Learning & Development Ltd. Coaching With Insights



- I would like my Managers to be able to lead and coach their people in a more supportive and less directive style
- I want to develop my coaching skills using the Insights Discovery Profile and other Insights coaching models and tools.
- I would like to find a way of reinforcing and deepening my knowledge of Insights.

The Coaching With Insights® program imparts an extensive knowledge of the Insights system, and demonstrates how it can be applied in the context of personal coaching and one-to-one management relationships. This inspiring program suits both experienced coaches looking for a tool to deepen their one-to-one interventions, or corporate Managers looking to use a coaching style of management to better support and develop their staff.

All participants who successfully complete this program are awarded a Coaching With Insights Qualification, and are designated a Coaching With Insights Practitioner.

Insights recommends other tools in their range to enhance coaching interventions, including the Insights Discovery® 360 Profile.

### PRODUCT SUMMARY

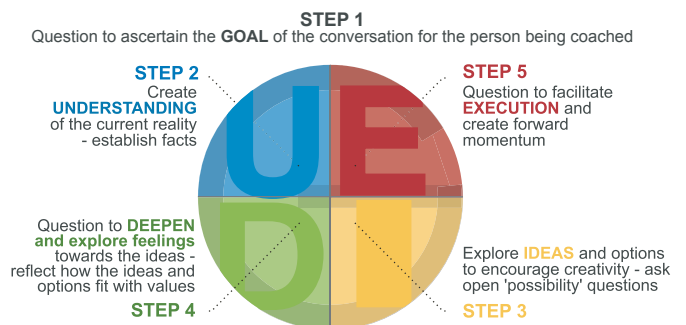
- Delivered in an intensive four-day workshop which is in itself, a personal development experience
- Covers the Insights system in-depth, including the interpretation of the detailed graphs which are key to understanding the Insights Discovery Personal Profile
- Enables Managers to develop their employees in a more supportive, less directive style
- Creates more productive one-to-one interventions, enabling both coach and individual to achieve better results
- Provides a vehicle to reinforce learning and development programs and/or other corporate initiatives

### Program Content

In-depth exploration of how to use a variety of tools to maximize the success of a coaching relationship, including:

- The Insights Discovery Personal Profile
- Insights Explorer Online Learning Library
- Insights Compass Learning Library
- A range of unique and colorful coaching models
- Extensive coaching practice
- Effective listening and questioning
- Giving and receiving feedback
- Adapting coaching style to suit the person being coached

### The Insights G-UIDE Coaching Model



### What Our Clients Say About

#### Coaching With Insights

*"The Coaching With Insights program was a personal learning experience that provided me with the opportunity to explore the Insights product. This product is key to any organization that wants to fully utilize it's employees, individual/team development and coaching. The ongoing support and encouragement from the Insights team has been professional and inspiring."*

Rachel Pook, Training and Development, AstraZeneca UK